**ATHLETICS / ATLETIEK**

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| --- | --- | --- | --- | --- |
| MONDAY  MAANDAG  WEDNESDAY WOENSDAG | 07:15 – 08:00 | Long Distance  Lang Afstande | Pavilion | L. du Toit |
| MONDAY  MAANDAG  TUESDAY  DINSDAG  WEDNESDAY  WOENSDAG  THURSDAY  DONDERDAG | 14:30 – 15:15 | EVERYDAY  High Jump / Hoogspring  Long Jump / Verspring  Shotput / Gewigstoot  Sprints / Naellope  Hurdles / Hekkies |  | M. Martens  E. Els  W. Basson  T. de Klerk |

**BIATHLON / TWEEKAMP**

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| --- | --- | --- | --- | --- |
| TUESDAY  DINSDAG  THURSDAY  DONDERDAG | 14:10 – 14:40  14:45 – 15:15  14:10 – 14:40  14:45 – 15:15 | Running / Hardloop  Swimming / Swem  Running / Hardloop  Swimming / Swem |  | C. Lokotsch  C. Lokotsch  P. Fourie  C. Lokotsch |

**KULTUUR / CULTURE**

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| MONDAY  MAANDAG | 07:30 – 08:20  14:00 – 14:30 | Blaasorkes  Junior Choir | Orkeskamer  Hall | L. Koers  P. Holtzhausen |
| TUESDAY  DINSDAG | 07:30 – 08:00  14:00 – 14:30 | Senior Choir  Senior Koor | Hall  Saal | P. Holtzhausen  P. Holtzhausen |
| WEDNESDAY WOENSDAG | 07:30 – 08:00  08:00 – 09:10  14:00 – 14:30 | CSV / SU  Blaasorkes  Senior Koor | Hall  Musiekkamer  Saal | P. Fourie  P. Holtzhausen  L. Koers  P. Holtzhausen |
| THURSDAY  DONDERDAG | 07:30 – 08:00  07:30 – 08:20  14:00 – 14:30 | Senior Choir  Blaasorkes  Senior Koor | Hall  Musiekkamer  Saal | P. Holtzhausen  L. Koers  P. Holtzhausen |
| FRIDAY  VRYDAG | 07:30 – 08:20 | Senior Koor (Hele koor) | Saal | P. Holtzhausen |

**OUT OF THE BOX**

|  |  |  |  |  |
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| WEDNESDAY  WOENSDAG | 14:00 – 15:30 | Grade 4 – 7 | Room 51 | M. Sampson |

**ART CLUB / KUNSKLUB**

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| FRIDAY  VRYDAG | 13:00 – 15:00 | Grade 4 – 7 | Art Room  Kunskamer | K. van Heerden |

**MEDIA**

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| MONDAY  MAANDAG  TUESDAY  DINSDAG  THURSDAY  DONDERDAG | 14:00 – 14:45 |  | Media Centre  Mediasentrum | C. Riddin  S. Horn  B. Bennett |

**CHESS / SKAAK**

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| MONDAY  MAANDAG | 14:15 – 15:30 | Juniors | Chess  Room | R. Terblanche |
| TUESDAY  DINSDAG | 14:15 – 15:30 | Seniors | Chess  Room | P. Mason |

**CYCLING / FIETSRY**

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| MONDAY  MAANDAG | 14:30 – 16:30 | All cyclists | School | A. Cooper  K. van Heerden |
| WEDNESDAY  WOENSDAG | 14:30 – 16:30 | Alle fietsryers | Skool | A. Cooper  K. van Heerden |

**CRICKET / KRIEKET**

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| --- | --- | --- | --- | --- |
| MONDAY  MAANDAG | 14:30 – 17:00  14:30 – 16:30  14:30 – | u/13A  o/13B  u/13C matches | Nets  Nette  Away | M. Jacoby  L. Goosen  R. Kelbrick |
| TUESDAY  DINSDAG | 14:30 – 16:30 | u/11A  o/10A & o/10B | Nets  Nette | M. Allison  D. Olivier / A. de Witt |
| WOENSDAG  WEDNESDAY | 14:30 –  14:30 – 16:30 | u/13A matches  o/13B wedstryde  u/11A  o/11B | Home / Away  Tuis / Weg  Nets  Pavilion | M. Jacoby  L. Goosen  M. Allison  R. Jacobs |
| THURSDAY  DONDERDAG | 14:30 – 16:30  14:30 – 16:30  14:30 – | u/13A  u/13C  u/11A matches  o/11B wedstryde  o/10A wedstryde  u/10B matches | Nets  Nets  Home / Away  Tuis / Weg  Tuis / Weg  Home / Away | M. Jacoby  R. Kelbrick  M. Allison  R. Jacobs  D. Olivier  A. de Witt |
| FRIDAY  VRYDAG | 13:00 – 17:00  13:00 – 15:00 | u/13 Cake League  Special Squad | Pavilion  Nets | R. Kelbrick /  L. Goosen  R. Kelbrick |

**CROSS COUNTRY / LANDLOOP**

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| --- | --- | --- | --- | --- |
| MONDAY  MAANDAG | 14:30 – 15:15 | All runners | Pavilion | R. Laubscher  M. van der Westhuizen |
| WEDNESDAY WOENSDAG | 14:30 – 15:15 | All runners | Pavilion | R. Laubscher  M. van der Westhuizen |
| SATURDAY  SATERDAG | 07:00 – | Road Races  Padwedlope |  | N. Jansen  R. Laubscher |

**MINI-CRICKET / MINI-KRIEKET**

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| --- | --- | --- | --- | --- |
| TUESDAY  DINSDAG | 14:15 – 15:15 | o/9A & B spanne  Gr 2 & 3 matches | Weg / Tuis  Home / Away | S. Welgemoed  L. Ferreira  V. Kelbrick  J. De Abreu  T. Smith |
| WEDNESDAY WOENSDAG | 13:15 – 14:00 | Grade 1 | Pavilion | V. Kelbrick  Students x 3 |
| THURSDAY  DONDERDAG | 14:15 – 15:15 | Gr 2 & Gr 3 (no u/10’s) | Pavilion | S. Welgemoed  L. Ferreira  V. Kelbrick  J. De Abreu  T. Smith |

**SWIMMING / SWEM**

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| MONDAY  MAANDAG | 14:30 – 15:15 | u/8, u/9, u/10 team  (boys & girls) | Pool  Swembad | E. Goosen  K. Basson |
| TUESDAY  DINSDAG | 13:00 – 13:30  13:30 – 14:00  14:30 – 15:15 | Gr. 1 Beginners (seuns)  Gr 1 Beginners (girls)  Team Swimmers u/11; u/12; u/13 (boys & girls) | Swembad  Pool  Pool | C. Bezuidenhout  C. Bezuidenhout  N. Jansen  I. Cowley |
| WEDNESDAY WOENSDAG | 14:30 – 15:15 | u/8, u/9, u/10 team  (boys & girls) | Pool | E. Goosen  K. Basson  P. Fourie |
| THURSDAY  DONDERDAG | 13:00 – 13:30 13:30 – 14:00  14:30 – 15:15 | Gr. 2 Beginners (seuns)  Gr 2 Beginners (girls)  Team Swimmers u/11, u/12, u/13 (boys & girls) | Swembad  Pool  Pool | C. Bezuidenhout  C. Bezuidenhout  N. Jansen  I. Cowley |

**TENNIS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| MONDAY  MAANDAG | 14:30 – 15:00  15:00 – 15:30  15:30 – 16:00 | Gr. 4 – 7 seuns  Gr 4 – 7 girls  Seuns spanoefening | Bane  Courts  Bane | M. Henegan  M. Henegan  M. Henegan |
| TUESDAY  DINSDAG | 14:00 – 16:30 | Boys matches | Home / Away | M. Taljaard |
| WEDNESDAY WOENSDAG | 14:30 – 15:00  15:00 – 15:30  15:30 – 16:00 | Gr. 4 – 7 seuns  Gr 4 – 7 girls  Girls Team practice | Bane  Courts  Courts | M. Henegan  M. Henegan  M. Henegan |
| THURSDAY  DONDERDAG | 14:00 – 16:30 | Meisies wedstryde | Tuis / Weg | B. Lawlor |
| FRIDAY  VRYDAG | 13:00 – 14:00 | Tennisleer/Tennis ladder Uitdaagwedstryde/  Challenge matches | Courts  Bane | M. Taljaard  B. Lawlor |

**MINI-TENNIS**

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| --- | --- | --- | --- | --- |
| MONDAY  MAANDAG | 14:30 – 15:15 | Gr 1 All players | Courts | L. Fourie  L. Harper |
| TUESDAY  DINSDAG | 14:15 – 15:00  14:15 – 15:00 | Gr. 2  Gr 3 | Bane  Courts | A. Els  B. Burns |
| WEDNESDAY WOENSDAG | 14:30 – 15:15 | Gr 1 All players | Courts | L. Fourie  L. Harper |
| THURSDAY  DONDERDAG | 14:15 – 15:00  14:15 – 15:00 | Gr. 2  Gr 3 | Bane  Courts | A. Els  B. Burns |

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**BUITEMUURSEPROGRAM**

**SOMER**



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**EXTRAMURAL PROGRAMME**

**SUMMER**

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